

Track Beats Plymouth North Tropp Sets School Record In 1000

Dan Crowley – Sandwich Enterprise
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The Lady Knights edged Plymouth North 52-48 in track and field Wednesday at the Reggie Lewis Center in Boston. Junior Beth Gomes ran a personal best and won her first race in the 1,000 meter run with a time of 3:31.

“That is just shy of a Division 3 qualifying mark,” Coach Steve Infascelli said. “Also in the 1000 meter run was first time track athlete Alexandra Wright who passed a Plymouth North girl on the final lap for second place in 3:53. I could not have been more proud of their efforts.”

Mikhaela Tropp continued her dominance in a 600 meter victory with a time of 1:45.

The girls 4x400 relay also remained undefeated. Grace Barter, Bethany Gomes, Hailey Loonan, and Tory Sivco combined to run a season best time of 4:53.

“These four girls have displayed a huge amount of talent and an even more amount of dedication to become better athletes,” Infascelli pointed out. “Soon enough they’ll be on top of the top 10 lists in league competition.”

Emma Ellis jumped to a first place finish in the high jump with a leap of 4-7.

Mikhaela Tropp set a new school record at the season opening Atlantic Coast League Indoor Track and Field Meet for the Lady Knights at the Reggie Lewis Center on Friday. Tropp finished first posting a time of 3:19 in the 1000 meter “After her first cross-country season where she spent the majority of the season injured Tropp ran her first ever 1000 meter. It did not take long for her to break the school

record,” coach Infascelli pointed out. “It is the hardest race during the indoor season. Her natural ability to accelerate combined now with the endurance she gained over the fall should make her a state finalist gunning for the win in this event.”

Sandwich fell to ACL power Dennis-Yarmouth 61-38.

Grace Davis also turned in a winning performance with a finish of 47.20 in the 300 meter.

“Grace is why I love soccer/field hockey/lacrosse athletes, because they hate to lose,” the coach said. “She really stepped up and came from behind to out-kick a D-Y athlete with less than a few steps to go. It was one of the more exciting races I've seen. It was great to see her back in a Blue Knight uniform after a two year hiatus.”

Lexi Jones ran third in the 300 meter for SHS and Emma Ellis won the high jump clearing 4-7. Lucy Gauthier took third in the high jump at 4-3.

The Lady Knights also claimed top finishes in the 4x200 relay, with the team of Ellis, Davis, Helen Cutler and Lucy Gauthier running a time of 2:05. In the 4x400 it was Grace Barter, Bethany Gomes, Tropp and Hailey Loonan with a first place time of 4:42.

Freshman Robyn Whaples ran second in the 55 meter posting a time of 8.34.

“In Robyns first track and field race ever she placed second and earned three points towards her varsity letter,” Infascelli explained. “This is a girl who just a few days ago had dropped out of a workout in tears. Her courage to toe the line soon after that workout is quite impressive. We're all very, very proud of her.”

Cutler took third in the 55 meter with a similar time of 8.34. Sandwich got third place finishes from Gomes (1:57) in the

600 meter, Loonan (6:18) in the one-mile and Tory Sivco (13:51) in the two-mile.

“All in all we certainly have some work to do,” Coach Steve Infascelli added. “More than anything we need some leaders to step up, get loud, and take initiative. This is a team with the potential to win some meets and that's something that the girls team has not done in a while. With solid performances from the freshman, Whaples, and senior, Davis, and with Tropp already qualifying for the state tournament and breaking a school record we've got some talent and I hope they can motivate their teammates to rise up and accept the challenge.”