

Allen Wins Mile Boys' Track Falls To PN

Dan Crowley – Sandwich Enterprise
Dec 17, 2010

The Blue Knight boys' indoor track and field team lost to Plymouth North Wednesday at the Reggie Lewis Center in Boston by a score of 61-39.

“Dave Allen pushed the pace from the gun winning by a lean in the one-mile with a time of 4:45.1,” Coach Steve Infascelli pointed out. “Dave’s race was brilliantly executed. You can really tell he's become a true student of the sport. He understands what is going on. With a lap to go Dave swung off the first turn an sling shot around the leader, beating him to the second turn and accelerating to the finish. It was an excellent and defining move that excited our whole team.”

Dave Regan won his 600 meter event in 1:30.4.

Both relay teams were victorious. The 4x200 relay members; Tommy Hemingway, Adam Millham, Eric Steele and Alex Grotevant ran a season best, 1:44.50 as did the 4x400 relay team of Dana Murphy, Dave Regan, Kevin Laughlin and Jamie Bryant (3:51).

“Jamie's performance was one that caught us by surprise,” Infascelli said. “He ran the fastest split on the team and two of those older guys (Regan and Murphy) have many years of post season success. He's put himself in good company and will looked upon to score major points in the long sprints.”

Sandwich dropped an opening day decision to Dennis-

Yarmouth on Friday by a score of 62-28 to Dennis-Yarmouth.

“At first I was expecting a bit more out of this first meet,” Coach Steve Infascelli said. “However, after looking back at the results we had a ton of personal bests. Paul David Gannett became a member of the sub 5:00 club in the mile and that's something special. It is one of those barriers that once you break through you'll crush it the next time around. And there are certainly a bunch of other guys who will be right behind him, just waiting their turn. We're looking for someone to really step up and become a leader. There are more opportunities that await us, we've just got to be prepared for them and pounce.”

Sandwich got a second place finish from Kevin Laughlin (41.3) in the 300 meter, with Jamie Bryant (42.6) taking third.

“These two guys are coming off a good cross-country season and scored their first varsity points today,” Infascelli pointed out. “They ran very hard and I'm excited to see some new faces in the point scoring.”

Dave Allen captured a second place finish in the one-mile in a state qualifying time of 4:50. Gannett ran third at 4:58. David Regam (1:32.3) finished second in the 600 meter and Kyler Conena was second in the high jump at 5-3. Dana Murphy ran second in the 1000 meter at 3:08 and James Wegman (3:11) took third.

Tommy Hemingway ran third in the 55 meter at 7.42 seconds and freshman Eric Steele took third in the long jump at 15-10

“Another freshman on the team stepping up and not being shy. Eric might be one of the more athletic guys on the team where I'm confident he can do just about anything,”

the coach added. "That's my definition of a real athlete. We can show him the technique and he watches, learns, and applies it. He'll be very successful if he sticks with it."